

2. What do you like most about your partner?

3. What do you like least about your partner?

4. What 1 to 3 specific changes can you make in your own life that will have the most positive impact on the relationship?

5. What 1 to 3 specific changes can your partner make in his/her own life that will have the most positive impact on the relationship?

6. What 1 to 3 specific changes can you and your partner make in your shared lives that will have the most positive impact the relationship?

7. What 3 specific changes can you and your partner make in your inter-personal communication styles that will have the most positive impact the relationship?

PART II: SELF ASSESSMENT

Directions: Respond to the following statements by rating your level of satisfaction on a scale of 1 to 10, 1 being the least satisfied and 10 being the most satisfied. "N/A" stands for "Not Applicable."

1. I am satisfied with my career/education (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

2. I am satisfied with my partner's career/education (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

5. I am satisfied with how I manage my finances (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

6. I am satisfied with how my partner manages his/her finances (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

7. I am satisfied with my relationship with my/his/her/our children (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

8. I am satisfied with my partner's relationship with my/his/her/our children (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

9. I am satisfied with my relationship with my partner's parents (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

10. I am satisfied with my partner's relationship with my parents (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

11. I am satisfied with my circle of friends (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

12. I am satisfied with my partner's relationship with my friends (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

13. I am satisfied with my partner's circle of friends (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

14. I am satisfied with my use of free time, in terms of hobbies/activities (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

15. I am satisfied with my partner's use of free time, in terms of hobbies/activities (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

16. I am satisfied with my physical fitness and health (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

17. I am satisfied with my partner's physical fitness and health (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

18. I am satisfied with our housing situation (circle one):

1 2 3 4 5 6 7 8 9 10 N/A

Please explain:

PART III: PERSONAL GOALS

1. What are 1 to 3 shorter-term goals you set in your personal life for the next 3 to 6 months?

2. What are 1 to 3 shorter-term goals you set in your career and/or education for the next 3 to 6 months?

3. What are 1 to 3 longer-term goals you set in your personal life for the next 5 years?

4. What are 1 to 3 longer-term goals you set in your career and/or education for the next 5 years?

PART IV: PERSONAL VALUES

1. What moves you in life? What gets you really excited and passionate?

2. What qualities do you most appreciate in people?

3. Who do you most admire (you don't have to know him/her personally)? Why?

This information will remain strictly confidential