## ABOUT ANDREW D. LEWIS

I was born and raised in northern Westchester County, New York. In 1989, I graduated magna cum laude from Colorado College, where I majored in cultural anthropology and minored in urban studies. I earned a master's degree in public policy and administration, with a concentration in education and social work, from the Columbia University School of International and Public Affairs in 1995.

For seventeen years, I held a number of progressively responsible positions with New York City agencies including the Departments of Probation and Correction, the Mayor's Office of the Criminal Justice Coordinator, the Department of Health and Mental Hygiene, and the Police Department. These positions afforded me the opportunity to conduct behavioral modification counseling with thousands of clients; complete individual intake assessments, progress reports, and comprehensive discharge plans with hundreds more; undertake strategic planning; perform needs assessments; design and implement a broad range of community outreach programs; and manage and train personnel.

I am a certified professional coach with the Coaches Training Institute. I am also pre-certified in organization and relationship coaching with the Center for Right Relationship. Furthermore, I am a New York State certified mediator, having trained and apprenticed with the Columbia University School of Law and the Safe Horizon Center for Mediation.

I currently serve as Director of Mediation Services for New York City Civil Court, in addition to my private coaching and mediation practice. I am also an active member of the New York State Dispute Resolution Association and the New York City Chapter of the International Coach Federation. Outside of coaching and mediation, I manage my own small business incubator: Hatch Business Ventures LLC. I also enjoy bicycling, motorcycling, jewelry design, silver-smithing, and cooking.



# ANDREW D. LEWIS COACHING AND MEDIATION

PRACTICAL SUPPORT FOR YOUR ASPIRATIONS AND CHALLENGES

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#### MEDIATION FOR FAMILIES AND COUPLES IN CONFLICT

Are you and your partner in **constant conflict** and on the brink of a breakup, trial separation, or divorce? Do you still want to try to **reconcile** your differences? Are you tired of **frustrating fights** with your teen child? Have you come to an impasse trying to **negotiate** a child custody and visitation agreement with the father or mother of your children? Are you and your siblings embroiled in an **ongoing dispute** regarding care-giving arrangements for your elderly parent?

#### MEDIATION FOR BUSINESSES AND NON-PROFIT AGENCIES

Are you in a seemingly insurmountable **feud** with your business partner? Are you in a **battle** with a sub-contractor or supplier? Have you had a **falling out** with a client or agent? Are you responsible for a business or non-profit team **mired in conflict** that is adversely impacting productivity?

# WHAT IS MEDIATION?

Mediation is a voluntary and confidential process in which a neutral third party, called a mediator, helps disputing parties to arrive at a mutually acceptable solution to their conflict. Mediation is a step-by-step process in which agreement and disagreement are explored, relevant information is collected and shared, options and proposals are discussed, and negotiations between the parties are conducted to resolve the conflict. The mediator does not make any decisions, but rather helps the parties to discuss their viewpoints, generate new options and create effective outcomes. Again, mediation is a voluntary process. Parties are free to leave at any time with or without having reached an agreement. Furthermore, parties do not lose any rights by participating in mediation. If parties do not reach an agreement, they are free to pursue their conflict in another venue, such as court or longer term relationship therapy, if applicable. It is not uncommon for a dispute to require multiple mediation sessions in order to reach an agreement. However, eighty percent of mediations result in some form of agreement between disputing parties.

## WHAT ARE COMMON OUTCOMES OF MEDIATION?

- Reduction in relationship-sabotaging behavior
- Improved inter-personal communication skills
- Greater balance between the relationship and individual pursuits
- Better understanding of and empathy for the other party's wants and needs
- Increased harmony and overall fulfillment
- Separation or divorce
- Dissolution of business partnership
- Reorganization of business or non-profit team toward improved efficiencies and outcomes
- A mutually acceptable verbal or written resolution of conflict. (results vary depending on agenda of the parties and nature of the relationship)

## WHY SHOULD I CONSIDER MEDIATION?

- It will occur at a time and place convenient to all parties
- All matters are confidential
- All parties will be able to present their positions and interests
- Agreements focus on the needs of all parties
- Restitution or monetary settlements may be paid by one party to another
- You will feel responsible for resolving your own dispute
- Minor disputes or conflicts will not grow into serious ones
- The process has shown high satisfaction and compliance rates
- Mediation is often a very viable alternative to longer-term, more emotionally and financially costly forms of conflict resolution such as traditional couples therapy or litigation.

# **TESTIMONIALS**

My wife and I started working with Andrew after a serious marital crisis arose. We found ourselves stuck in a cycle of anger, hurt, and misplaced blame. We had experienced marriage counseling in the past, but Andrew's help was much more focused and intense than traditional therapy. Although he's able to mediate objectively as a neutral third party, he can also strongly advocate for one side or the other when necessary. In this way, Andrew helped us identify and validate the underlying feelings that are often the key to the healing process. Andrew was able to quickly guide us into focusing on the real issues. It is fair to say that my wife and I accomplished more in a few hours with Andrew than we could have in weeks of therapy. We are so grateful to Andrew and I know that he can help any couple as long as both partners are willing to change.

- A couple in marital crisis

Andrew was instrumental in helping my husband and I work through a transition period in our lives, and he enabled us to resolve a significant source of stress in a short period of time. With his ability to dissect a problem and objectively, accurately and sensitively guide a couple to understand it, Andrew offers the priceless benefit of clarity. This clarity empowered us take charge of our lives again with a clear plan to move forward...what a gift! We would highly recommend working with Andrew to any couple or individual struggling with making progress in any aspect of their personal or professional life.

- A couple in financial distress and transition

#### **FEE STRUCTURE**

\$100 per hour

## WHAT NEXT?

For more information on mediation, including in-depth answers to frequently asked question, please feel free to explore my website: **www.coachingandmediation.com** or call me at 212 281 6144 to schedule a complimentary consultation.